QMS
INTERNATIONAL

ISO 45003

Psychological health & safety at work – Guidelines for managing psychosocial risks

What is ISO 45003?

ISO 45003 gives guidance onmanaging psychosocial risks within an occupational health & safety management system. It was developed so that organisations of all sizes can implement processes that aim to protect their workers from psychological hazards and to provide them with support for their mental health and well-being.

As a set of best practice guidelines and examples, **ISO 45003 is not a Standard with requirements** in the same way that ISO 45001 is, for example. Instead, it aims to set an example fororganisations to follow to help them build a more positive working environment.

Is ISO 45003 a certifiable Standard?

Although a set of guidelines, it is perfectly possible to get a certificate that demonstrates your compliance with the principles of ISO 45003. QMS is therefore offering a bespoke certificate that enables you to showcase your commitment to managing psychosocial risks.

To achieve this certificate, an auditor will need to visit your organisation to evaluate your current processes. They will create a gap analysis report that will highlight any areas that may need adjustment to meet the Standard's guidelines. While you make these adjustments, QMS will record both your existing and new processes in a documented management system. When you are ready, a follow-up visit will be arranged to enable a consultant to check that the required changed were made and, if they're happy, recommend you for the ISO 45003 certificate which will be issued via our online management system platform, **QMS Connect**.

Can ISO 45003 be combined with other Standards?

The principles of ISO 45003 can be easily combined with other ISO Standards, especially ISO 45001, creating a truly comprehensive management system with streamlined processes and aligned objectives.

At QMS, we are offering ISO 45003 as a standalone product or in combination with the following Standards:

- ISO 45001 / ISO 45003
- ISO 9001 / ISO 45003
- ISO 9001 / ISO 45001 / ISO 45003
- ISO 9001 / ISO 14001 / ISO 45001 / ISO 45003

If you'd like to find out more about ISO 45003 and the integrated systems we are offering, get in touch with us on **0333 344 3646** or by emailing **sales@qmsuk.com**