



# ISO 45003

Protect the psychological health and well-being of your workers



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## What is ISO 45003?

ISO 45003 is the first global Standard developed to help organisations identify and manage psychosocial risks to their workers. It was created due to growing awareness of how psychological illness can affect workers and the wider organisation, and even impact workers' physical health. As a detailed set of practical guidelines, complete with examples, this Standard aims to build more positive working environments by creating processes that identify conditions that can impact psychological health, flag primary risk factors, and analyse these risks to find appropriate ways to mitigate or remove them.

## How do I become certified in ISO 45003?

As a set of guidelines, ISO 45003 does not have requirements like other Standards, which means you cannot be certified in it in the same way. However, QMS is offering a bespoke certificate that will demonstrate your compliance to its guidance. Alternatively, ISO 45003's processes can be incorporated into an integrated management system with one or more ISOs.

To work towards a QMS certificate in ISO 45003, one of our consultants will spend some time on site with you to assess your current processes and how they fit with the guidelines. After this assessment, you will be issued a gap analysis report, which will highlight any areas that require adjustment prior to certification. Once these are carried out and QMS have produced your documented management system, we will issue you with your ISO 45003 certificate.

Improve organisational resilience

Enhance productivity

Reduce absenteeism

Improve recruitment

Safer remote working

Legal compliance

**Following certification, an annual surveillance audit is required to ensure your ISO 45003 certificate remains valid.**